

#खुशियों का त्योहार



UDAAN
05



ROTARY CLUB OF VAPI
PHOENIX
RISE & SHINE



RI PRESIDENT'S MESSAGE

RTN. FRANCESCO AREZZO

RI President - 2025-26



October is Rotary's Community Economic Development Month, a time to spotlight our efforts to help communities build thriving, sustainable futures. This month's observance aligns perfectly with the Rotary core value of leadership.

Leadership means empowering people to guide their own progress. That is precisely what Rotary's economic development projects aim to achieve.

Take, for example, a recent initiative in southern India in which Rotary members unlocked the power of women of the Adivasi tribal groups through sewing training to earn a living and regain social inclusion. Historically, widows and abandoned women in this region lose social standing and are shunned by society or blamed for their misfortunes. Opportunities to support themselves or obtain training are minimal.

This year, the Rotary Club of Windsor Roseland, Ontario, partnered with clubs in Districts 3203 and 3234 in India – and with the Indian organization Sevalaya Trust – to provide sewing machines and training to 80 Adivasi women. They learned to stitch saree blouses, kurta tunics, and salwar suits, enabling them to support themselves and their families. Each woman received a certificate for completing the program, and the sewing-machine provider offered free long-term maintenance for the machines. The project offered vital income and dignity to women ostracized by society after widowhood.

This story is one example of Rotary leadership in action: local people guiding solutions that address their community needs. Our role is not to deliver charity or to impose outside models, but to foster self-reliance by investing in leadership, skills, and sustainable enterprise.

This October, I invite Rotary members worldwide to reflect on economic leadership in their communities. Who is stepping forward to lead local economic initiatives? Where is there untapped talent that could be supported with training or mentorship? How can your club catalyze opportunity through partnerships with local businesses, vocational schools, or savings groups?

Leadership is not always about being visible. Sometimes it means listening, working collaboratively, and amplifying the voices of others. That approach lies at the heart of Rotary's philosophy and our lasting impact on economic development. By building capacity – whether through microcredit groups, vocational training workshops, or entrepreneurship programs – we enable communities to lead their own transformation. When people take ownership of their progress, change becomes sustainable.

Let us lead with good intention and provide support with heart. By nurturing local leadership, we can create opportunities that ripple through communities, empowering individuals, families, and societies. Together, we can support economies that work for everyone and enact community development projects that last.

PRESIDENT'S MESSAGE



RTN. SUDHA PRAJAPATI

Club President - 2025-26

SEASONS GREETING- शुभकामनाएं

The Festivity in our country is an ongoing activity....festivals and seasons are interconnected...and this reminded me of an old tradition - pre internet times - when we used to send greeting cards and most commonly send cards were Seasons greetings...after so many years it is now that I realise that we as Humans had inculcated this habit of greeting each other in every seasons and every celebrations that comes with the change of seasons.

This celebration of change in seasons - also means - respecting nature - and this gesture in our Indian traditions is transformed in form of FESTIVALS.

Diwalis is the most important, most awaited and most celebrated festival of our country. In Diwali as we light diyas we celebrate.. the victory of good over evil, light over darkness, and knowledge over ignorance. It is an occasion where we show gratitude and appreciate each other by sharing gifts and celebrating Diwali with each other by lighting crackers.

I feel very proud that as Rotarians we are able to share this happiness and gratitude not only with each other but also with the less privileged section of the society.

Cheers to the Spirit of Rotary and to the Spirit of our culture - that teaches us to celebrate every moment of our LIFE not only with our Friends and Family but with the Society and the less privilege ones.

Rtn. Sudha Prajapati
President 2025-26



RYLA

ROTARY YOUTH LEADERSHIP AWARDS

Future Leaders Shine at RYLA

The energy was palpable and the enthusiasm infectious at RYLA 2025 (Rotary Youth Leadership Awards), held on 4th October at MAA FOUNDATION, Chala, marking a resounding success for our commitment to nurturing the next generation of leaders. The event, meticulously planned and executed, brought together 54 enthusiastic participants from various Interact Clubs eager to grow their skills and connect with their peers.

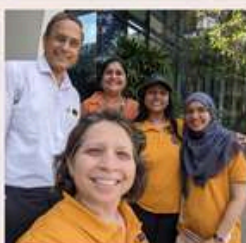
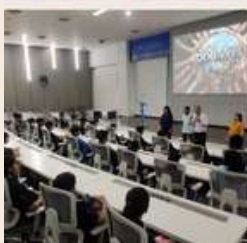
The day was a testament to dedication, with the exemplary planning and hard work of Dr. Amisha and Rtn. Riddhi Sheth leading the charge. Their tireless efforts ensured a smooth, impactful, and memorable experience for every young person in attendance.

Held at an amazing venue, the setting provided the perfect backdrop for a day of intensive learning and team building. The core of the program, was beautifully curated by MAA FOUNDATION. Their expert facilitation and engaging content resonated deeply with the participants. The positive feedback was immediate and heartwarming—the Interact members were so happy and engaged that they unanimously requested more such programs in the future.

This level of success would not have been possible without the community spirit that defines Rotary. A massive thank you goes out to all the volunteers who dedicated their time and effort. Their support was invaluable in creating such a successful event and, more importantly, in crafting beautiful and inspiring memories for these young leaders.

RYLA 2025 was more than just a training session; it was an investment in the future. We look forward to seeing the incredible impact these motivated young people will have on their clubs, schools, and communities.

We are thankful to Mr. Amit Mehta (CEO of MAA foundation) for providing us with such a huge support for the event and providing us with such a beautiful venue. We are sure the children are going to have an everlasting memory of this experience at Meril Academy. Team of MAA foundation was excellent and so was the venue.



RYLA

DIWALI CELEBRATIONS

A Night of Light and Joy

On 15th October 2025, we celebrated Diwali at Avadh Shiksha - with children studying at our school. We distributed sweets, crackers and clothes to the construction workers and their children studying at our school. The Sweets & Crackers were donated by Rtn Pratiksha Goyal. We also distributed Diwali gifts and sweets to teachers & caretaker at Avadh Shiksha.



DIWALI CELEBRATIONS

A Night of Light and Joy

Diwali was celebrated at Kesar farms on 17th October. A dazzling Diwali celebration that truly embodied the spirit of the Festival of Lights. The air buzzed with excitement as families and friends gathered for an unforgettable evening of festivities, games, culture, and community spirit.



TALENT UNLIMITED

Get to know our Rotaractor

Rtr. Ishan Jain

Born and raised in Vapi, Gujarat, he spent the first 18 years of his life surrounded by the hum of the construction world, a space where his family built foundations, quite literally. Yet, somewhere between the blueprints and the concrete, he realized his own foundation was meant to be laid elsewhere in the world of stories, emotions, and moving images.



At 18, he packed his dreams and moved to Mumbai, the city of dreams, where he spent the next six years learning, unlearning, and evolving as an actor and storyteller. The journey wasn't simple, but it was a life filled with auditions, rejections, breakthroughs, and the quiet fire to belong to the world of cinema.



In December 2024, he marked his Netflix debut with the popular series *Mismatched* (Season 3), a milestone that reaffirmed his belief that persistence always pays off. Since then, he has lent his voice to multiple projects across Hindi and English, exploring the art of expression through voiceovers, dubbing, and narration.

Today, he is balancing two worlds, nurturing his creative pursuits in acting and voice artistry while learning the ropes of his family business in construction and infrastructure, where he is slowly bringing creativity and structure together.



"I believe every story, whether it's built on screen or in stone, deserves honesty, passion, and purpose. And that's what I aim to bring to everything I do."

GREETINGS OF THE MONTH

BIRTHDAY'S



Rtn. Poonam Dhoot
November 2nd



Rtn. Jaynila Parmar
November 7th



Rtn. Meetali Bhavsar
November 8th



Rtn. Vijeyata Mundra
November 9th



Rtn. Sonakshi Garg
November 11th



Rtn. Pratiksha Goyal
November 11th



Rtn. Rahi Shah
November 14th



Rtn. Aditi Nadkarni
November 15th



Rtn. Priti Patel
November 24th



Rtn. Riddhi Sheth
November 27th

ANNIVERSARY'S



Rtn. Aditi & Vikas Jain
November 19th



Rtn. Himanshu & Heena Parekh
November 23rd



Rtn. Himen & Yashvi Shah
November 23rd



Rtn. Dr. Ananya & Dr. Akshay Nadkarni
November 25th



Rtn. Praveen & Namrata Dhandhania
November 25th

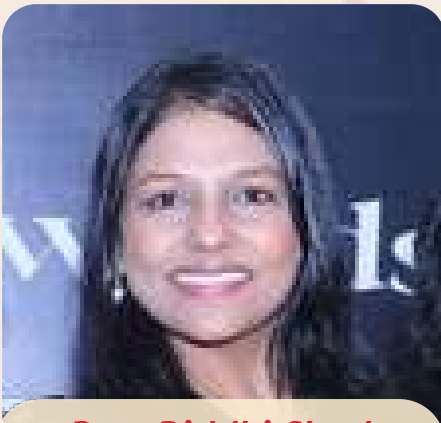


Rtn. Hitendra & Sapna Yadav
November 28th



Rtn. Hardik & Sneha Upadhaya
November 29th

ROTARIAN OF THE MONTH



Rtn. Riddhi Sheth

For her exemplary work during RYLA 2025 hosted at MAA Foundation.



Rtn. Amisha Mehta

For her exemplary work during RYLA 2025 hosted at MAA Foundation.



Rtn. Pratiksha Goyal

for her contribution for Diwali celebration at Avadh Shiksha



Rtn. Pragma Nimodi | Rtn. Ruby Goyal | Rtn. Mahima Maheshwari
for their fun-filled activities during Diwali Party

FROM OUR INNER CIRCLE

Maternity Yoga

Nurturing the Mother Nourishing the Baby 🙏



By Int. Virika Chowdhury

खुद से मुलाकात

पूछो जरा, थक तो नहीं गयी हो तुम? हर किसी के लिए दौड़ते-दौड़ते,
कहीं अपने ही दिल को पीछे तो नहीं छोड़ आयी तुम?
हर सुबह दुनिया को खुश करने निकल पड़ी,
पर खुद से आखिरी बार कब बात की थी?
आईने में देख कर खुद को,
कब कहा था – "आज तुम सच में अच्छी लग रही हो?"
Self care कोई स्वार्थ नहीं,
जिम्मेदारी है खुद की..
खुद को खुश रखने के लिए।
ये तो ज़रूरत है...
सांस लेने जैसी,
क्योंकि जो खुद से ही नहीं जुड़ा,
वो किसी और के दर्द को कैसे समझे भला?

थोड़ा वक्रत दो ना उस दिल को,
बेचारा हर बार चुप रह जाता है,
थोड़ा आराम दो ना उस मन को,
मस्त मगन जो खुद को ही भूल जाता है।

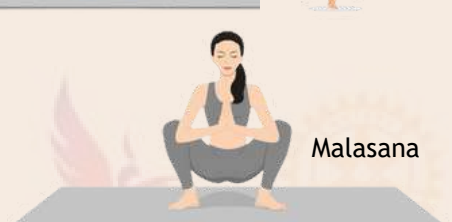
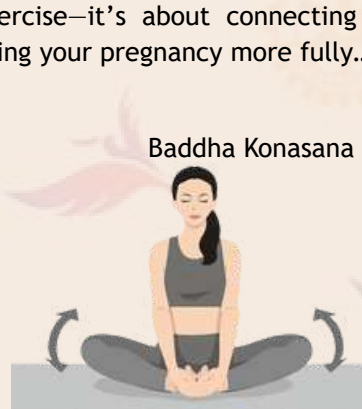
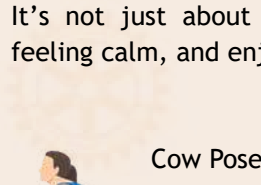
कभी किताब पढ़ो, कभी बारिश में भीग लो,
कभी बिना वजह मुस्कुरा लो,
कभी बस चुप रहो और महसूस करो –
कि तुम भी इस दुनिया का एक खूबसूरत हिस्सा हो।

याद रखना...
खुद से हर रोज मुलाकात करनी है ,
ये खुद से किया गया वादा है –
कि चाहे दुनिया कितनी भी बदल जाए,
मैं अपने सबसे प्रिय दोस्त यानि स्वयं से ... कभी दूर नहीं जाऊंगी।

पूनम धुत

Key Practices During Maternity Yoga:

- Breath Awareness (Pranayama) - Gentle breathing like Anulom Vilom (alternate nostril), Ujjayi, and Chandra Bhedan to calm the mind and prepare for labor.
- Safe Asanas -
 - Cat-Cow Pose - for spine flexibility and back relief.
 - Baddha Konasana (Butterfly Pose) - opens the hips and strengthens the pelvic floor.
 - Tadasana and Warrior Poses - to build strength and stability.
 - Malasana (Garland Pose) - helps prepare for birthing.
- Guided Relaxation & Yoga Nidra - to release mental stress and deeply connect with the baby.



-Rtn. Sneha Upadhya

UPCOMING EVENTS

November

2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

						1
2	3	4	5	6	7 Arpan by Lumens	8
9	10	11	12	13	14 General Meeting	15
16	17	18 Children's day celebration Govt. School	19	20	21 Board Meeting	22
23	24	25	26	27	28	29
30 Vapi's Got Talent						

FROM THE DESK OF EDITOR

RTN. PAROMITA SARKAR

Editor - 2025-26



Our annual Diwali celebration at the beautiful Kesar Farms was truly a feast for the senses and the soul. Surrounded by the warmth of diyas and the camaraderie of the Rotary family, we shared not just a wonderful meal, but the joy of shared purpose.

Events like this are the glue that holds our service efforts together, strengthening the personal connections that fuel our collective action all year long.

The energy from our recent Rotary Youth Leadership Awards (RYLA) program was electrifying! These young minds leave RYLA not just with certificates, but with a renewed sense of confidence, refined problem-solving skills, and a lifelong commitment to service. The insights they bring back will undoubtedly be the force that drives our community projects in the months to come.

Speaking of new energy, we are thrilled to unearth a phenomenal new talent from our Rotaract club, Rtr.Ishan Jain.

Thank you reading, engaging, and contributing your time, your talent, and your light. Please take the time to read the wonderful contributions of all our members.

Yours in Rotary Service,
Rtn. Paromita Sarkar